
Broccoli PFM1
Serves 6



ALSO GREAT FOR: Cauliflower

Chicken Breast PFM2
Serves 6



ALSO GREAT FOR: Turkey

Sausages PFM3
Serves 8



Baby Carrots PFM4
Serves 6



ALSO GREAT FOR: Parsnip

Green Beans PFM5
Serves 6



Pumpkin/Melon PFM6
Serves 6



ALSO GREAT FOR: Butter beans, asparagus

Peas Mold PFM7
Serves 6



Fish Fillet PFM8
Serves 4



ALSO GREAT FOR: Watermelon, rock melon

Pork Chop PFM9

Serves 4



ALSO GREAT FOR: Steak

Sliced Meat PFM10

Serves 4



Meat Cubes PFM11

Serves 5



ALSO GREAT FOR: All type of stewed meats

Chicken Leg PFM12

Serves 8



Spinach PFM13

Serves 5



ALSO GREAT FOR: Cabbage, pureed scrambled eggs

Silicone Lids

Designed to be interchangeable between the molds.

Prevent freezer burn and ensure food safety when storing in the fridge or freezer.

Saves space by allowing the molds to be easily stacked on top of one another.

The semi-transparent lids make identifying the type of food in the mold quick and easy

Thickener FMT1 (500g) / FMT2 (1kg)



